

## **The cognitive method of dependency and independency among disabled women in Bethlehem Governorate**

**Razan Issa**

### **Abstract**

The study aimed to identify the cognitive method of dependency and independency among disabled women in the Bethlehem Governorate with specific reference to age, type of disability, marital status, place of residency and level of education. The descriptive analytical methodology was adopted. The literature was reviewed from a multi-dimensional phenomenon perspective which addressed both theoretical and applied research. The author holds that this study is unique since this theme had not been previously researched.

The questionnaire, which comprised 49 items, was divided into two sub-scales as follows: the general information of the participants; and the cognitive method of dependency and independency scale. The purposive method was utilized which comprised of a sample size of 100 disabled women in the Bethlehem Governorate. The collected data was statistically analyzed using the statistical package for social sciences (SPSS).

The findings revealed that disabled women experienced a high level of cognitive method of dependency and independency. The mean score and standard deviation was (M 3.64 SD 0.70).

The results of the study revealed significant statistical differences in the cognitive method of dependency and independency among the disabled women in the social, academic and cultural skills due to type of disability, marital status and level of education. However, no statistical significant differences were found in the remaining study variables, that is, age, and place of residency.

In light of the current study and its discussions, the following is recommended: the need to implement guidelines and training programs targeting disabled women in the skills of the cognitive methods of dependency and independency, especially in self-care and daily living skills. Further research is strongly recommended to develop an understanding of the cognitive method of dependency and independency among disabled women in term of new variables using the case study and qualitative research design. Moreover, further studies of other

cognitive methods, primarily impulsive/isolated and its relationship with the characteristics of disabled women is also advised.

**Key words:** Cognitive method, dependency and independency, disabled women.

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